

Private Feeding Clinic

A Let's Eat! and Ethos Health collaboration

A feeding service is provided by a specialist team, including a speech pathologist and a dietitian, to help families worried about their children's eating.

This service is suitable for children aged 18 months to 12 years who are not currently receiving feeding support but are displaying signs of feeding difficulties.

These signs may include:

1. Avoiding certain types of foods.
2. Disliking certain textures.
3. Displaying mealtime difficulties, such as throwing food, crying, or taking a long time to eat.
4. Refusing to eat meals that the rest of the family is having.
5. Eating well at daycare but not at home.
6. Requiring negotiation or bribery to eat.
7. Any client with growth concerns or on supplemental feeds.

Who is not suitable?

Children with issues related to:

- breast or bottle-feeding
- transition to solids
- swallowing (aspiration) difficulties

These children would benefit from individual sessions with Let's Eat! or Ethos Health to determine suitability for the private feeding clinic.

What does the appointment include?

- A 60-minute appointment with a paediatric dietitian and a paediatric feeding speech pathologist
- Our paediatric dietitian will review the child's growth and nutrition
- Our paediatric feeding speech pathologist will screen their feeding skills (chewing, swallowing skills and sensory food preferences)
- Feeding strategies are given as a starting point for building food variety and managing challenging mealtime behaviours.
- A plan for review and consult summary is provided, outlining support required from dietitians, speech pathology, GP, Paediatrician or other providers as appropriate.

Cost of appointment: \$387.98

Rebates are available for private health funds (depending on allied health coverage) or using NDIS participant funding (self- or plan-managed clients).



Referrals

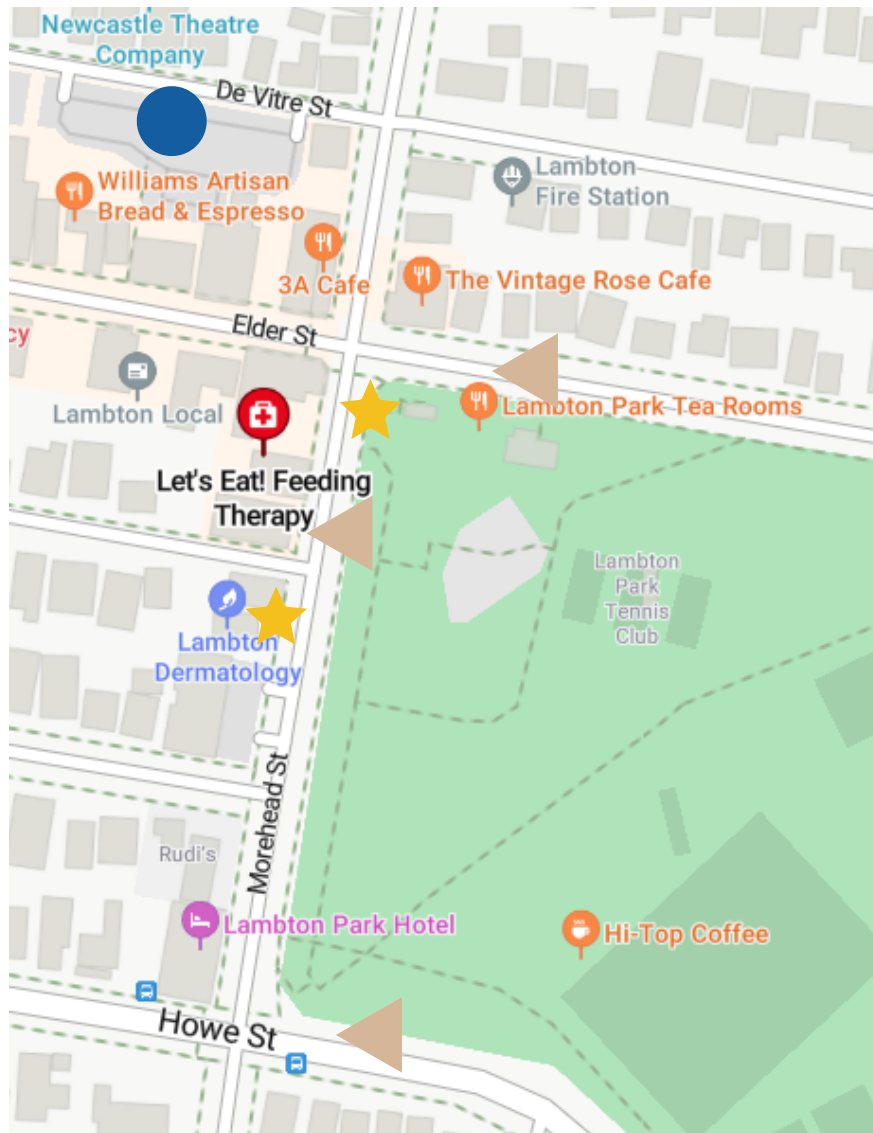
A referral is not required but can be made by a GP, Paediatrician or other health professional. Please include contact details so families can be contacted and triaged for an appointment.

Appointment enquiries and referrals can be sent to: enquiries@ethoshealth.com.au

Location

Appointments are held at:

Let's Eat! Feeding Therapy
33a Morehead street
Lambton NSW 2299



- ★ = Disabled parking permits
- ▲ = 2-hour parking (with some areas untimed)
- = 2-hour car park (good spot on a busy day)

